

MASSAGE THERAPIES

Aroma Sanctuary Massage

60 / 90 / 120 mins

Most aromatic and relaxing massage using essential oils to relax the body and mind. Smooth and soothing movement create deep senses of calmness.

Shower • Floral Foot Bath • Aroma Sanctuary Massage • Refreshment

THB 1,250 / 1,700 / 2,100

Jet-lag Eliminator Massage

60 / 90 / 120 mins

Rebalance your energy level with special therapeutic massage. Eliminates travel stress, especially after a long-haul flight. A deeply relaxing massage techniques leads into balances your body clock and renew energy levels.

Shower • Floral Foot Bath • Jetlag Recovery Massage • Refreshment

THB 1,450 / 1,900 / 2,300

Aromatic Thai Fusion Oil Massage

60 / 90 / 120 mins

Unique solution to relieve tension and muscular stress. Rediscover the ancient arts of Aromatherapy and Thai massage. Starting with a muscle melting massage using aromatic oil with therapeutic techniques to release muscle tension and energise the body.

Shower • Floral Foot Bath • Aromatic Thai Oil Massage • Refreshment

THB 1,450 / 1,900 / 2,300

After Sun Recovery Massage

60 / 90 / 120 mins

Pure pampering for your tan skin helping to calm and rebalance delicate and fragile skin. A sensory experience to beautifully nourish, hydrate, and soothing your skin.

Shower • Floral Foot Bath • After Sun Recovery Massage • Refreshment

THB 1,450 / 1,900 / 2,300

Deep Tissue Muscle Massage

60 / 90 / 120 mins

Focusing to relieve specific stress and muscle tension, this deep rhythmic pressure massage gives the whole body a vigorous workout. This treatment can be tailor made to suit your individual needs.

Shower • Floral Foot Bath • Deep Tissue Muscle Massage • Refreshment

THB 1,450 / 1,900 / 2,300

MASSAGE THERAPIES

Balinese HOT Oil Massage

60 / 90 / 120 mins

Warm aromatherapy oils are poured onto the body and massaged into the skin using sophisticated, soothing and indulgent movements for deep relaxation.

Shower • Floral Foot Bath • Balinese HOT Oil Massage • Refreshment

THB 1,450 / 1,900 / 2,300

Personalized ABHYANGA

90 / 120 mins

[Ayurvedic Wellness Massage : NEW !!!]

Healing system for overall health and well-being. Follows ancient traditions which unusual movement massage help to facilitate the release of toxins and accumulated stress in the mind and body to open the flow of energy and elongate the muscles.

Shower • Floral Foot Bath • Personalized Abhyanga Massage • Refreshment

THB 2,200 / 2,700

Tension Relief : Stress Release

30 / 60 mins

Not to be missed, never to be forgotten. Suitable for those who has little time.

Floral Foot Bath • Tension Relief : Head, Shoulder, Back Massage • Refreshment

THB 550 / 950

Traditional Thai Massage

60 / 90 / 120 mins

Exotic, unique and the ultimate subliminal body workout combines stretching techniques to increase flexibility. Recommended for who prefer a firm massage.

Floral Foot Bath • Thai or Thai Herbal Therapy Massage • Refreshment

THB 1,000 / 1,250 / 1,450

Thai Herbal Therapy Massage

60 / 90 / 120 mins

Warm Herbal Poultice to soothe aching muscles and stiffness on the key areas.

THB 1,250 / 1,700 / 2,100

Foot Reflex Massage

60 / 90 mins

A dynamic treatment that is based on the principles of Reflexology, linking the reflex zones on the feet to organs and systems in the body.

Floral Foot Bath • Oriental Foot Massage • Refreshment

THB 1,000 / 1,250

Face Therapy & Body Treatments

Tamarind Body Blast

30 / 60 mins

Naturally Whitening & Detoxifying

An age-old Thai beauty treatment using a blend of local Tamarind fruit, cucumber, and wild honey to exfoliate, nourish and polish the skin. Rich in organic acids.

THB 850 / 1,350

Coffee Radiance

30 / 60 mins

Energizing

Locally grown Thai coffee beans, fresh milk, and natural algae extract. Stimulating and refreshing cleanse. This intoxicating aromatic experience aims to rejuvenate the skin.

THB 850 / 1,350

Organic Black Sesame Body Butter

30 / 60 mins

Nourishing & Moisturizing

Indulge your senses and relax with organic black sesame, wild honey, and yoghurt. Drenches your skin with moisture for immediate softness and suppleness.

THB 850 / 1,350

Aloe Vera Revital Wrap

60 mins

Skin Soothing

Perfect moisture and body masque to accompany holiday of sunbathing. After sun cooling wrap followed by refreshing Aloe Vera to re-hydrate and reduce redness, irritation, calm, and remineralised skin. Beneficial after sun exposure.

THB 1,450

Aromatic Nature Facial

60 mins

Calming and Soothing

Restore a natural radiance to your face and ease the tension in your neck and shoulders with the combination of revitalizing products and soothing facial massage.

THB 1,550



ZENMAYA SPA JOURNEYS

AFTER SUN SOOTHER

90 mins

Perfect moisture and body masque to accompany holiday of sunbathing. After sun cooling wrap followed by refreshing Aloe Vera to re-hydrate and reduce redness, irritation, calm, and remineralised skin. Restore a natural radiance to your suntan face.

Shower • Floral Foot Bath • Aloe Vera Revital Wrap • Facial Nourishing Masque • Refreshment

THB 2,500

JETLAG REVIVER

120 mins

Rebalance your energy level with special therapeutic massage. A deeply relaxing massage techniques followed by Aromatic Nature Facial to soothe body and mind for uplifting, energising, and combat the adverse effects of environmental stress.

Floral Foot Bath • Jet-lag Recovery Massage • Aromatic Nature Facial • Refreshment

THB 2,650

SECRET OF ANDAMAN

150 mins

Healing system for overall health and well-being. Follows ancient traditions which unusual movement massage help to facilitate the release of toxins and accumulated stress in the mind and body to open the flow of energy and elongate the muscles.

Shower • Floral Foot Bath • Coconut Indulgence Body Scrub & Body Wrap • Balinese Hot Oil Massage

THB 3,500

ROMANTIC GETAWAY

180 mins

A luxurious package for couples who can select a choice of full .

Shower • Floral Foot Bath • Body Scrub • Aroma Sanctuary Massage • Aromatic Nature Facial • Refreshment

Single THB 3,650 / Couple THB 6,950

ZENMAYA HOLIDAY-TAN RETREAT

180 mins

An ultimate indulgence that enlighten your soul and restore the equilibrium within you. Achieve total holiday-tan effectively with deeply nourishing moisture-boost coconut body treatments to ensure a smooth, dewy, supple and radiant holiday tan experience.

• ZENMAYA Coconut Indulgence Body Scrub & Body Wrap • Coconut Oil Massage • Aromatic Nature Facial

THB 3,850

THAI WELLNESS PROGRAMME

120 mins

This traditional and unique Thai package restore clarity, balance and flexibility after days of stress environment followed with our famous herbal compress massage.

Floral Foot Bath • Tension Relief Massage • Siam Herbal Compress Massage • Oriental Foot Massage

THB 1,990