



# Heineken

## DURBANVILLE HILLS



# 5 JUICY QUESTIONS FOR... George & Franci Arraiol Owners of Pica Pau Continental Cuisine

Q&A

What are Pica Pau's signature dishes?

> George: Mussel Pot, Porra Flatty and Lamb Shank.

What is your personal favourite dish on your menu?

George: "Patrão Favourite" pasta served with chicken strips, pesto, garlic, parsley and olive oil.

**Franci:** "Portuguese Salada" tuna, boiled egg, butter beans, tomato, onion, lettuce and peppers.

What's the best piece of advice you've ever received from a restaurateur friend or mentor?

> George: You cook for your customers, not yourself.

What is the main component making your restaurant successful?

George: Staff! Inspiring the best from your staff is as critical to a restaurant's success as great food and great

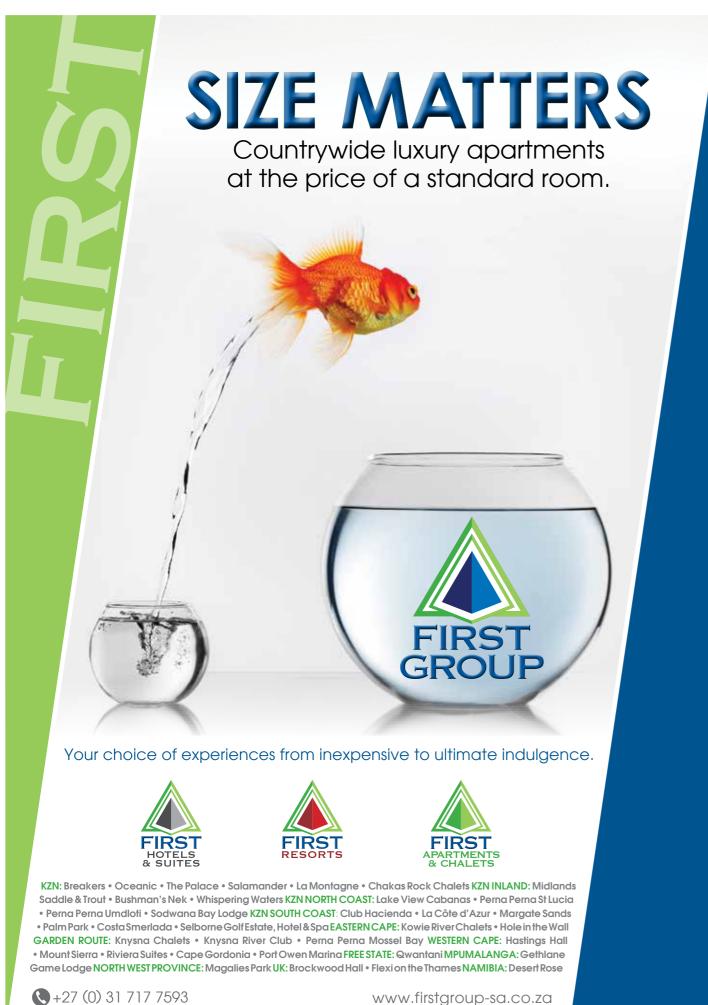
**Franci:** It doesn't matter how great your food is or how great the location is, if your restaurant's staff are not friendly and competent, customers are not likely to come



What is the secret of working as a husband-wife team?

Franci: We are best friends. Of course, conflicts and disagreements do happen, but we always remind ourselves that working together we have to bear in mind the ratio of positives to negatives, given how much more we interact when compared with "regular" couples.

We have also created clear roles and responsibilities that play to each partner's strengths.



| COFFEE                    | Music to your ears                            |    |
|---------------------------|---|----|
| BREAKFAST                 | Rise and shine                                |    |
| MINI FOODIES              | Made with love                                |    |
| LIGHT STARTERS            | We serve passion                              |    |
| SALADS                    | A lighter way to live                         | 21 |
| MEAT                      | Come hungry and leave full                    | 22 |
| CHICKEN                   | The belly rules the mind                      | 25 |
| <b>SEAFOOD &amp; FISH</b> | You are in good tentacles                     | 27 |
| PIZZA                     | We got you covered                            | 31 |
| PASTA                     | Life is a combination of magic and pasta      | 32 |
| BURGERS                   | Think outside the bun                         | 39 |
| <b>PUB LUNCES</b>         | Where food meets sports                       | 40 |
| DESSERTS                  | Deliciousness jumping into the mouth          | 45 |
| <b>DRY WHITE WINE</b>     | White wine is sunlight held together by water | 48 |
| WEET WHITE WINE           | Hakuna Moscato it means drink wine            | 50 |
| ROSÉ WINE                 | Rosé the day away                             | 52 |
| RED WINE                  | Your daily unwinder                           | 54 |
| BUBBLES                   | Have a sparkling day                          | 57 |
| SHOOTERS                  | Because life's too short                      | 61 |
| COCKTAILS                 | The local's living room                       | 62 |
|                           |   |    |



www.firstgroup-sa.co.za



#### **HONESTY BLEND**

#### A FAIRTRADE BLEND **ARABICA & ROBUSTA GROUND COFFEE BEANS**

THE TASTE: NUTTY AND DARK CHOCOLATE NOTES WITH A HINT OF FRUITY ACIDITY AND A SMOOTH, LONG LASTING AFTERTASTE

One of the most ethical and trusted certifications in the world, fairtrade is mainly focused on the promotion of equality and sustainability in the farming sector. This ensures that the coffee communities can maintain a decent and dignified livelihood and develop their full potential.

This product carries the fairtrade certification mark and has met the rigorous fairtrade standards in assisting in the improvement of labour and living conditions for coffee farming communities at origin.

IT ALL STARTS WITH A GREAT CUP OF COFFEE. THAT'S WHERE OUR JOURNEY BEGINS.

#### WHY BLACKSMITH?

AN ICONIC FIGURE, RENOWNED FOR CREATING **WORKS OF BEAUTY** FROM WROUGHT IRON OR STEEL

HIS CRAFT IS ARTISANAL. ACQUIRED THROUGH YEARS OF PRACTICE AND STRICT ADHERENCE TO THE TRADITIONAL WISDOMS PASSED DOWN FROM GENERATION TO GENERATION.

HE IS MORE THAN AN ARTIST, BUT A WISE **ELDER AND PILLAR OF THE COMMUNITY** OFFERING GUIDANCE TO THOSE WHO ASK.

#### WHY A COFFEE MOVEMENT?

BLACKSMITH COFFEE MOVEMENT IS NOT ONLY ABOUT THE CRAFTING OF BEAUTIFUL COFFEE BLENDS FROM SUSTAINABLE SOURCES. BUT THAT'S THE START. IT'S REAL PURPOSE IS WHAT COMES AFTER

BLACKSMITH IS A MOVEMENT FOR SOCIAL CHANGE, A PLATFROM FOR JOB CREATION AND SKILLS DEVELOPMENT THAT EMPOWERS. SHARES WISDOM, STIMULATES THE ENTREPRENEURIAL SPIRIT AND INSPIRES CREATIVITY.

IT IS ABOUT THE TRANSFORMATION OF OUR YOUTH'S POTENTIAL INTO TANGIBLE OPPORTUNITIES



#### CAPPUCCINOS

**CAPPUCCINO** MEGA R35 / REGULAR R25 **CAPPUCCINO ROOIBOS** REGULAR R25

#### COFFFF

BREAKFAST COFFEE MEGA R30 / REGULAR R22 FILTER COFFEE REGULAR R20 DOULBLE R26 / SINGLE R20 **ESPRESSO** 

#### FREEZO'S

**BAR-ONE HURRICANE R39 COFFEE HURRICANE R39** 

**PEDROS** DOULBLE R59/ SINGLE R45 AMARULA, BELLS, FRANGELICO, JAMESON, KAHLÚA, PEPPERMINT

**BAR-ONE HOTTIE R32 R29 HOT CHOCOLATE R29** MILO **MOCCA CHOCCA R32** WHITE CHOC HOTTIE **R32** 

#### LATTES

CAFFÉ LATTE **R28 CARAMEL LATTE R30 HAZELNUT LATTE R30 POPCORN LATTE R30** 

#### TEA

**EARL GREY TEA R25 FIVE ROSES TEA R22 ROOIBOS TEA R22** 

#### ROYALTY

LIQUEUR

**COFFEE ROYALE** RICHELIEU

DOULBLE R59/ SINGLE R45

DOULBLE R59/ SINGLE R45





10 11

## RISE & SHINE BREAKFAST

| ALLGEMEINE two eggs, three rashers of bacon, grilled tomato, chips and toast                            | R66                |
|---|--------------------|
| <b>BEBÊ BREAKFAST</b> one egg, two rashers of bacon, grilled tomato and toast                           | R39                |
| CHEESE GRILLER BREAKFAST two eggs, three rashers of bacon, grilled tomato, cheese griller, chips and to | <b>R73</b><br>past |
| FRANCO BREAKFAST two eggs, three rashers of bacon, grilled tomato, frankfurter, chips and toast         | R73                |
| GEZONDHEID BREAKFAST muesli, yogurt and fresh fruit   | R62                |
| HAKKE PÅ TOAST<br>mince, scrambled eggs and cheese on toast   | R41                |
| OMELETTE DE VOTRE CHOIX<br>three egg omelette served with grilled tomato and toast                      | R57                |
| OMELET FILLINGS EACH ham, cheese, mushroom, chicken and mince   | R15                |
| PAIN PERDU<br>french toast served with bacon and syrup  | R60                |
| SMASHED AVOCADO TOAST smashed avo (seasonal), feta, lemon, cherry tomato and egg on toast               | R44                |
| <b>THE BENEDICT</b> two poached eggs, hollandaise sauce, three rashers of bacon and toast               | R77                |
| THE WHOLE GROOVY HOG two egas, three rashers of bacon, arilled tomato, pork sausage and togst           | R76                |

"HOW DO YOU WANT YOUR EGGS?"

SCRAMBLED
BOILED
FRIED: SUNNY-SIDE UP, OVER-EASY, MEDIUM, HARD
POACHED: SOFT, MEDIUM, HARD

## BREAKFAST PIZZA

**PICAR BREAKFAST PIZZA** regular **R69 /** large **R84** scrambled eggs, mince, cherry tomato, napoletana base topped with mozzarella cheese

TOCINO BREAKFAST PIZZA regular R69 / large R84 scrambled eggs, cubed bacon, cherry tomato, basil, napoletana base topped with mozzarella cheese

EXTRA EGG R 7



#### MINI ROODIES

**BACON, MAC & CHEESE** 

creamy bacon & cheese pasta

**BEEF MINI ME BURGER** served with chips & tomato sauce

**CHICKEN STRIPS** 

crumbed chicken strips served with chips

**FISH FINGERS** 

served with chips

**PICA NINI KIP** 

pizza with chicken & mushroom

**PICA NINI PIÑA** 

pizza with ham & pineapple

**SPAGHETTI BOLOGNESE** 

minced beef with napoletana sauce

**STICKY RIBS** 

served with chips

R54 each

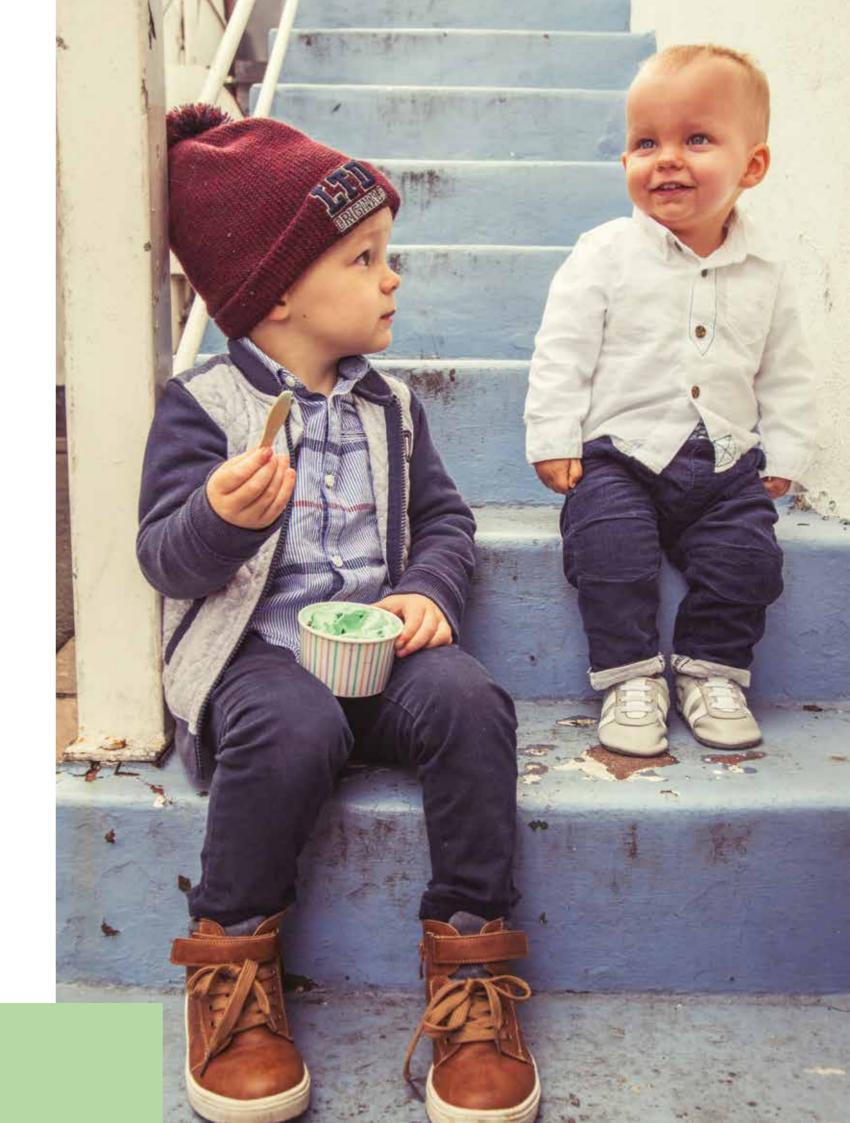


**BAR-ONE FREEZO** bar-one flavoured iced milk

bar-one hot chocolate

**ICE CREAM & CHOCOLATE SAUCE** ice cream drizzled with chocolate sauce

R32 each



#### LIGHT

## STARTERS

| <b>BUFFALO WINGS</b> - <b>NEW</b> - four chicken wings grilled and coated with our delicious sticky barbecue, peri-peri or lemon and herb sauce                    | R69                  |
|--|----------------------|
| CAMARÃO avocado (seasonal), prawns on a bed of lettuce, topped with a drizzling of our unique cocktail sauce   | <b>R83</b>           |
| CHILLI CHEESE NUGGETS - NEW - five battered, deep-fried chilli cheese nuggets served with sweether chilli sauce  | <b>R39</b><br>et     |
| <b>ESCARGOTS</b> creamy garlic snails served with fresh brown bread fingers  | R72                  |
| ESPÁRRAGOS crumbed deep-fried asparagus drizzled with cheese sauce   | R74                  |
| FOCACCIA AGLIO garlic based pizza fresh from the pizza oven  | R44                  |
| FOCACCIA ERBE herb based pizza fresh from the pizza oven   | R39                  |
| <b>FORMAGGIO</b> garlic based pizza with melted mozzarella cheese fresh from the pizza oven  | <b>R55</b><br>ne     |
| FRIGADOS DE FRANGO chicken livers in a creamy tomato, garlic and peri-peri sauce s with fresh brown bread fingers  | <b>R72</b><br>served |
| <b>GEGRILDE CALAMARI</b> grilled calamari and squid heads served on a bed of rice with lemon butter or peri-peri sauce   | R74                  |
| MUSSEL POT - BEST SELLER - slow cooked mussels in a creamy white wine and garlic sauce served with brown bread fingers   | R90                  |
| PICA PAU PRAWN TAILS - POPULAR - deshelled prawn tails in a creamy white wine and garlic sauce top with mozzarella cheese and served with fresh brown bread finger |                      |
|  |                      |



## MAGICAL MOMENTS don't always need to be at home





#### Flexi Club has changed my life

**Frederick Erasmus**, from Witbank, is a Flexi Club Explore member, having joined Flexi Club three years ago.

"I would like to convey my thanks to the Club for making this scheme available to the general public – without Flexi Club Explore, my family would not have been able to holiday in these trying economic times.

I have made use of the Club facilities as follows over the past three years:

1. I have taken full advantage of the 4 annual bonus breaks - some of the 4 annually available wellness/spa treatments were included and I didn't need to use my Club Points and Levy Account Credits, as I was able to pay cash for these affordable bonus breaks. I have taken weekends and midweeks, as well as a full week using this facility.





A product of





- 2. I also used some of the 4 special- and 4 impulse-offers, enabling me to save on what I would normally have spent for the weekends and midweeks I have taken. I even booked these trips at times of the month when we didn't have the spare cash, as my Levy Account had enough funds available for me to go on holiday without having ready cash for accommodation!
- **3.** I am particularly keen on being able to save up the remaining points- and money in my Levy Account each year: I will use these for a trip overseas the year after next, taking full advantage of the three-year window for Points and Levy Account retention.



In addition to all of the above, I hope to be able to use the car hire, cruise facility and local and international tour packages soon.

The ease with which I have been able to make my bookings, both online and via your call centre, has made me feel confident about getting the bookings I want, when I need them and at the price I can afford at the time. It's nice to know that I have my Levy Account Credits for when I am in a jam and could not otherwise afford to take a break. Also, my friends have joined me from time to time and they are dead envious of my membership.

Since my latest holiday at Umhlanga Sands, I am even more convinced that I made the right decision at the time. I'm really pleased that I will soon be able to upgrade to the Inspire tier and later I hope to escalate this to Elite as my family grows, as we will soon need to use school holidays too.

Thank you again for this facility."

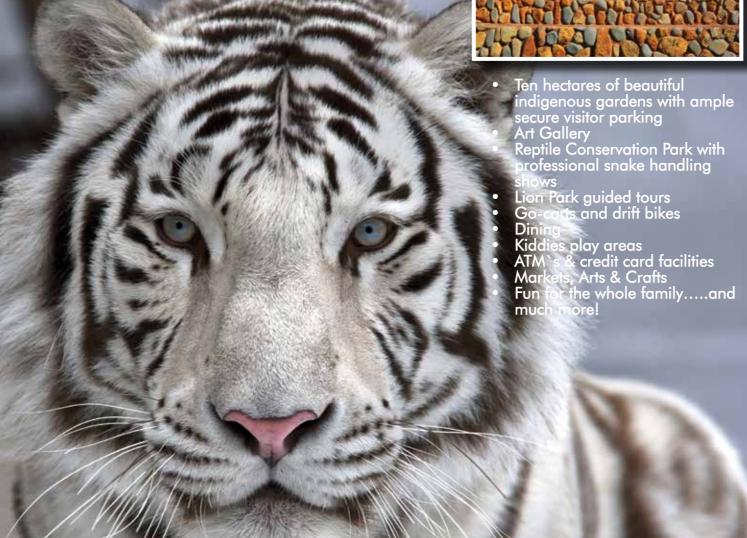
#### OPEN 7 DAYS A WEEK

www.chameleonvillage.co.za 012-003 4033

Africa's Finest Market

Only 6.4 kilometers from Magalies Park!













African Curio Market - 083 306 8555 Al Medina Indian Cuisine - 074 913 6279

Art Gallery - 082 555 4272 Beef and Reef Grill - 072 326 7125

Buffalo Bar and Grill - 072 326 7125

Chameleon Lion Park - 073 183 1795 Crafters Market - 084 481 2218 X-Kulcha - 072 755 4663

Go-Carts and Drift Trikes - 082 336 5897 Harties Info Hub - 064 990 9508 Laurentina Mozambican Restaurant - 076 031 1066 Reptile and Conservation Park - 082 469 2979 The Ugly Duckling - 071 988 6684



#### THE PLACE TO BE

\*SUCCULENT STEAKS \*SENSATIONAL SEAFOOD \*CRISPY EISBEIN \*ROAST SUNDAY LUNCH \*BANGING BURGERS \*ROCKSTAR RIBS \*RED WINE OXTAIL \*BASKET COMBOS \*SUPER SALADS \*BRILLIANT BREAKFAST \*VARIETY OF DRAUGHT BEER ON TAP \*OUTRAGEOUS COCKTAILS WITH 2 BARS \*FIREPLACES FOR WINTER AND MISTING SYSTEM FOR SUMMER \*LIVE BANDS ON WEEKENDS AND PUBLIC HOLIDAYS \*FUN FOR KIDS / TV'S FOR SPORT / WI-FI HOTSPOT SECURE PARKING / BEAUTIFUL KOI POND IN THE LOVELY GARDENS



#### **BOOKINGS:**

JAMES 072 326 7125 OR HARRY 082 323 6311 JAMES@BEEFANDREEF.CO.ZA **VISIT OUR FACEBOOK PAGE** 

**OPEN 7 DAYS A WEEK** 08:00 TO 17:00 **BUFFALO BAR** - FRI & SAT NIGHTS TILL LATE IN THE GARDENS AT CHAMELEON VILLAGE



## SALADS

AVO CROSTINI R78

bacon pieces, avo (seasonal), lettuce, tomato, cucumber, onion, peppers and croutons

BILTONG & STRAWBERRY SALAD - POPULAR - R89

sliced biltong, greens, avo & strawberries (seasonal)

BLUE CHEESE SALAD R85

blue cheese dressing, tomato, cucumber, lettuce and peppers

GREEK **XAAATA** R69

olives, feta, tomato, onion, cucumber, lettuce and peppers

INSALATA DI POLLO
strips of chicken breast, tomato, lettuce, cucumber, onion and peppers

INSALATA FRANCESE R50

lettuce, tomato, onion, cucumber and peppers

PORTUGUESE SALADA R85

tuna, boiled egg, butter beans, carrots, tomato, onion, lettuce and peppers

#### Did you know?

Avocados contain the highest vitamin E content compared to other fruits. They provide approximately 20 vitamins and minerals. 75% of Avocado's energy comes from mono-unsaturated fats. These fats are beneficial to your health and may assist with keeping your "bad" LDL cholesterol levels under control.



## TENDER MEAT

#### **EISBEIN** - **POPULAR** -

R129

baked in our wood-burning pizza oven, then deep-fried till crispy, served with sauerkraut

#### **ESPETADA 300G**

R139

rump cubes grilled and spiced the portuguese way

#### LAMB SHANK - BEST SELLER -

SQ

tender lamb shank slowly baked in the pizza oven, served on a bed of fettuccine

#### PORK BELLY - POPULAR -

R129

baked in the pizza oven, then deep-fried till crispy, finished off with a honey and mustard glaze

RIBS SINGLE RACK SQ

RIBS DOUBLE RACK SQ

FILLET 250G SQ

RUMP 300G R139

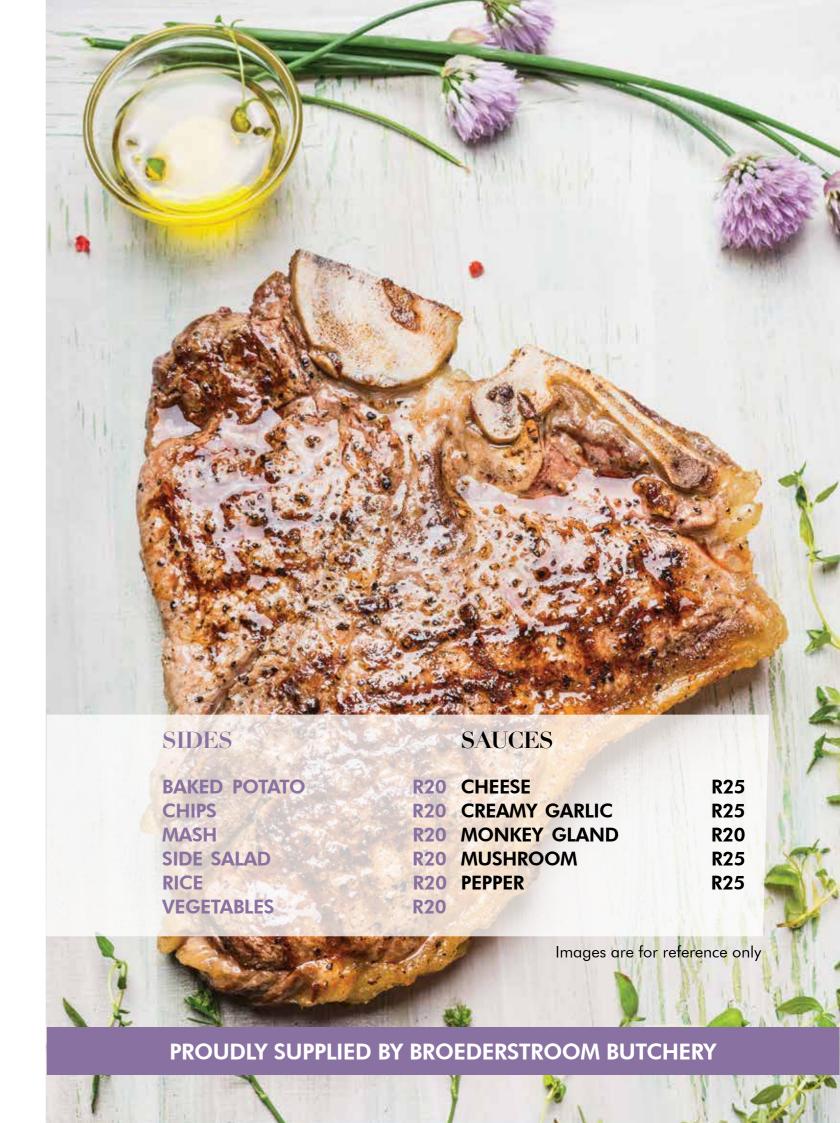
RUMP JALAPEÑO 300G R149

SIRLOIN 250G R99

#### MR T 500G R155

The distinguishing feature of the t-bone steak is the specific bone forming the letter "T". On the one side of the bone you have fillet steak and the other side rump steak.

Of course with a glass of red wine, this steak is an excellent choice for any meat lover.



# Butchery

"Every cut of meat is beloved here" - Miguel Gonçalves

012-205 1120 or 012-205 1012 / 082 455 7376 / Vox 012-001 3700 Broederstroom Shopping Centre, Broederstroom, Hartbeespoort

## SUCCULENT CHICKEN

#### CHICKEN CORDON BLEU - NEW

**R99** 

chicken breast filled with ham and cheese, served with your choice of mushroom or pepper sauce

#### CHICKEN SCHNITZEL

**R96** 

crumbed chicken breast served with cheese sauce

#### CHICKEN STACK - POPULAR -

R109

two grilled chicken breasts stacked between a spicy prawn and chouriço sauce topped with a fried egg

#### CURRY HÄHNCHENBRUST - NEW -

R99

chicken breast topped with a creamy curry sauce, served on a bed of fettuccine

PICCOLO POLLO R99

chicken breast topped with a creamy ham and mushroom sauce, served on a bed of fettuccine

**PORTUGUESE FLATTY** - **BEST SELLER** - **HALF R75 | WHOLE R129** portuguese flatty baked in the pizza oven, then grilled with peri-peri or lemon and herb basting





## SEAFOOD FISH

#### CALAMARES A LA PLANCHA

R112

tender grilled calamari and squid heads served with your choice of peri-peri or lemon butter sauce

**CURRY GAMBERI** 

R139

deshelled prawns in a creamy curry sauce

LINE FISH OF THE DAY

R122

served with lemon butter sauce

**KING PRAWNS** 

SQ

six butterflied king prawns served with your choice of peri-peri or lemon butter sauce

**PANGASIUS FISH** 

R115

served with lemon butter sauce

#### **SEAFOOD PLATTER**

**FOR ONE R245** 

FOR TWO R465

fish, calamari and prawns served on a bed of rice with your choice of peri-peri or lemon butter sauce

#### Chef's Tip

Fish, among most types of seafood, has a delicate flavour. You need to drink something that is not going to engulf the flavour of the fish. White wine is a good choice as it complements, rather than overwhelms, the delicate flavour.

#### TELL US ABOUT YOUR ROOTS AND YOUR SLOGAN?

I grew up in Krugersdorp and started working at our local Magaliesburg Spar, a family-owned business, at the age of ten. I "married" into the liquor trade and our first "Big Time Liquors" was opened in Krugersdorp 20 years ago. Three years later, the second Big Time Liquors opened in Magaliesburg followed by Small Time Liquors in 2008. The businesses have grown in keeping with the town's expansion.

After 17 years of Big Time Liquors giving our community personal and friendly service, we are delighted and proud to launch "Magalies Tops" ready to offer even more to the public.

My team and I are proud to keep alive the dream of the legendary Chico Da Cunha, living by his motto "Service with a personal touch" as we build up the business in his honour.

**WHAT ARE** YOUR GOALS? We market various brands and believe that it is vital for the brand owners to be fully confident that we, as their distributors, understand what needs to be accomplished. We aim to ensure a strong relationship between the brand owners and ourselves, as the distributors, to achieve our common goals.

3

#### WHAT WOULD YOU SAY YOUR MISSION IS?

To provide our customers, suppliers and employees with quality products and services and to exceed their expectations through profitability, communication, selling and execution.

#### WHAT RANGE OF SERVICES DO YOU OFFER?

We offer a wide range of services including, loan of glasses, waiter training, wine menu set-up, wine tastings and event planning. "Services with a personal touch".

4



TOGETHER
FOR THE
GOOD
TIMES!







#### SERVICE WITH A PERSONAL TOUCH

Enjoy Responsibly. Not for Sale to Persons Under the Age of 18.

30



"You can't make everyone happy, you are not a pizza"

| AVO GAMBERI - NEW - prawn meat and avo (seasonal)                                       | R83                     | R98         |
|---|-------------------------|-------------|
| AVO PICCANTE - POPULAR -  | R83                     | R98         |
| seasoned chicken and avo (seasonal)   | KOJ                     | K70         |
| CAPRESE   | R97                     | R112        |
| cherry tomatoes, fresh basil, olives, mozzarella with basil pe                          |                         |             |
| CARNE DE PORCO  | R86                     | R101        |
| pork fillet, ham, mushrooms and garlic  |                         |             |
| CHOURIÇO SALCHICHA  | R76                     | R91         |
| chouriço sausage, onion, garlic and chillies  |                         |             |
| CURRY KIP   | R76                     | R91         |
| curried chicken, chutney, pineapple and banana  |                         |             |
| FRANGO MAIONESE - NEW -   | R76                     | R91         |
| chicken & mayonaise and cherry tomatoes   |                         |             |
| HÜHNERLEBER   | R70                     | R85         |
| chicken livers, onion, peppers, chillies and garlic                                     |                         |             |
| MARGHERITA  | <b>R52</b>              | R67         |
| classic napoletana base and mozzarella cheese   |                         |             |
| MIRISCO   | R94                     | R109        |
| mussels, prawns and calamari  |                         |             |
| MISS PIGGY  | R97                     | R112        |
| pork belly, grilled pineapple and parsley   |                         |             |
| OBERST FLEISCH - POPULAR -  | R109                    | R124        |
| mince, ham, salami, olives, garlic, peppers and onions                                  |                         |             |
| PANCETTA BANANA   | R75                     | R90         |
| bacon and banana  |                         |             |
| PIÑA  | R71                     | R86         |
| ham and pineapple   |                         |             |
| POLLO ESPINACA  | R93                     | R108        |
| chicken strips, feta, spinach and avo (seasonal)  |                         |             |
| REGINA  | R71                     | R86         |
| ham and mushroom  |                         |             |
| SALAME E CIPOLLE  | R82                     | R97         |
| salami, onions and olives   |                         |             |
| SICILIANA anchovies and olives  | R76                     | R91         |
|   |                         | 54.00       |
| SQUISITO - BEST SELLER -<br>bacon, feta, spinach and avo (seasonal)                     | R93                     | R108        |
| TRITI CHILLI  | DOO                     | B07         |
| mince, onion, peppers and chilli  | R82                     | R97         |
|   | B07                     | D110        |
| <b>TRINCHADO</b> - <b>NEW</b> - cubed rump, onion, green peppers, olives and our homema | <b>R97</b><br>de trinch | <b>R112</b> |
| sauce the "porra way"   | ao minen                |             |
| VEGETARIANO   | R93                     | R108        |
| mushrooms, peppers, artichoke and asparagus   | , -                     |             |

oven

## PASTA

PASTA SERVED WITH YOUR CHOICE OF FETTUCCINE, PENNE OR SPAGHETTI

| FETTOCCINE, FENNE OR SPAGNETTI   |                         |
|--|-------------------------|
| ALFREDO - BEST SELLER - the traditional creamy ham and mushroom pasta  | R 98                    |
| BASIL PESTO pasta tossed with fresh basil pesto  | R 64                    |
| BOLOGNESE - OLD TIME FAVOURITE - the old favourite - pure minced beef with a napoletana sauce                      | R 98                    |
| NAPOLITANA<br>traditional tomato and herb sauce  | R 75                    |
| PANCETTA SPINACI spinach and bacon bits in a rich creamy sauce   | R 93                    |
| PASTA DE GAMBAS - NEW - prawn meat in a creamy garlic and wine sauce   | R108                    |
| PASTA MARISCO trio of seafood with calamari, mussels and prawns in a creamy napoletana sauce.                      | R118                    |
| PATRÃO FAVOURITE HALF R 55 / FULL chicken strips, pesto, garlic, parsley and olive oil                             | R 99                    |
| POLLO E FUNGHI chicken strips in a creamy mushroom sauce   | R105                    |
| OVEN BAKED   |                         |
| OUR OVEN BAKED PASTAS ARE TOPPED WITH A GENEROUS SPRINKLIN<br>MOZZARELLA AND FINISHED OFF IN THE WOOD-BURNING OVEN |                         |
| CREAMY ARRABIATA creamy tomato with chilli and garlic  | R 88                    |
| CREMA DI FUNGI - BEST SELLER - creamy mushroom sauce complemented with your choice of bacon or har chicken         | <b>R107</b><br>n or     |
| MARISCOS HORNEAR baked trio of calamari, mussels and prawns in a creamy napoletana sauce                           | R121                    |
| PORCO pork fillet strips in a creamy red wine and chilli sauce   | R 99                    |
| LASAGNE GALINHA layers of lasagne, chicken, mozzarella and mushroom, baked in the pizza oven                       | R 99                    |
| LASAGNE PICADA layers of lasagne, minced beef, mozzarella and creamy tomato sauce, baked in t                      | <b>R 99</b><br>he pizza |



#### Magalies Park On Site Spa

#### **Treatment Menu**

R1295

R1895

R2495

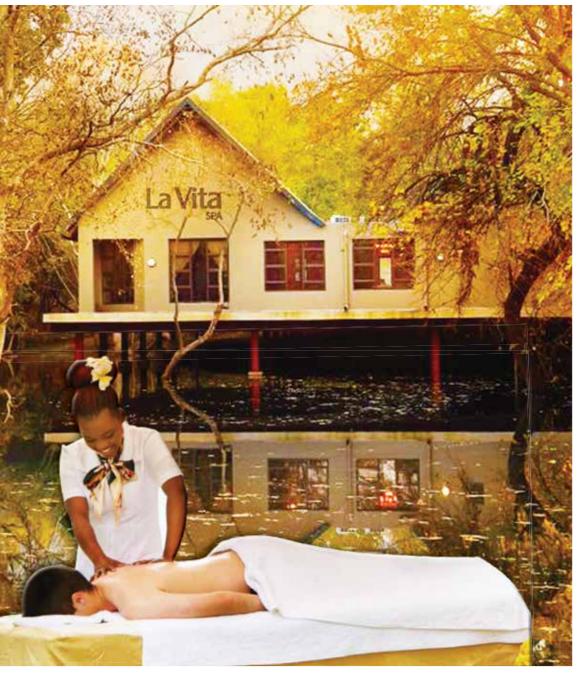
R1100

R1100









Come spoil yourself at La Vita Spa. Enjoy a wide range of luxury treatments for men, women and children, as well as jacuzzi, steam rooms, relaxation area, and a great retail collection.

Open Daily

8am to 10pm

#### **Pamper Packages**

Refreshments on arrival, 2.5 Hours of Treatments, Light Meal and Drinks, Relax Lounge & Hydro Facilities as well as your own take home La Vera Cleansing Toner(250ml), Dead Sea Peel Off Mask, Price Per Person.

#### Full Day Package (7hours)

Refreshments on arrival, 4.5 Hours of Treatments, Light Meal and Drinks, Relax Lounge & Hydro Facilities as well as your own take home La Vera Cleansing Toner (250ml), La Vera Anti-Wrinkle Day Cream (100ml) & La Vera Regenerating Night Cream (100ml). Price Per Person.

#### **Couples Day Package (5hours)**

Refreshments on arrival, 3 Hours of Treatments, Light Meal and Drinks, Relax Lounge & Hydro Facilities as well as your own take home La Vera Cleansing Toner (250ml), La Vera Anti-Wrinkle Day Cream (100ml) & La Vera Regenerating Night Cream (100ml). Price Per Person.

#### Sicilian Body Shot (2hr 20min)

Foot Massage, Full Body Massage, Head Massage & Refreshments.

#### **Heavenly for Him (1hr 50min)**

Back Exfoliation, Steam & Extraction, Destress Back Massage, Foot Exfoliation, Soothing Foot Massage & Refreshments.

#### Girlfriends Package (3hr 50min)

Spa Paraffin Manicure, Spa Paraffin Pedicure, Soothing Foot Massage, Indian Head Massage & Refreshments. Price per person.

#### Mother & Daughter Bonding (2hr 20min)

R1200

R1500

R2400

R1500

R3300

Venetian Hands & Feet, Classic Soothing Facial, Aromatherapy Full Body Massage & Refreshments. Price per person.

#### Mona Lisa (1hr 50min)

Classic Soothing Facial, Indian Head Massage & Refreshments as well as your own take home Professional Cleanser, Toner & Moisturizer.

#### **Ultimate Indulgence (5hr 50min)**

Majestic Milanese Facial, Hot Stone Full Body Massage, Indian Head Massage, Spa Paraffin Manicure & Pedicure, Soothing Foot Massage, a Light Meal & Refreshments, as well as your own take home jar of Signature Dead Sea Peel-Off Mask & your choice of any one of our Professional facial products.

#### Sunset Package (3hr 20min)

Full Body Hot Stone Massage, Super Extraction Facial, Venetian Hands & Feet & Refreshments.

#### Couples Paradise (3hr 50min)

Roman Royalty Swedish Massage, Ultimate Anti-Aging Facial, Foot Exfoliation & Massage, Indian Head Massage, a bottle of sparkling wine & Refreshments. Price per couple.

#### **Treatments**

#### **Body Treatments**

Hands & Feet Deluxe (50min) R450 Back Reiuvenation (50min) R500 Full Body Exfoliation (50min) R500 Pride of Italy Exfoliation & Massage (1hr 50min) R825 **Luxurious Massages** 

R450 Indian Head Massage (50min) R500 Destress Back & Foot Massage (50min) R500 Roman Royalty Swedish Massage (50min) R550 Aromatherapy Full Body Massage (50min) R650 Hot Stone Full Body Massage (80min) R950 Couples Full Body Massage (50min)

#### **Exotic Facials**

R500 Classic Soothing Facial (50min) R650 Majestic Milanese Facial (50min) R700 Super Extraction Facial (80min) Ultimate Anti-Aging Facial (80min) R700

#### **Manicures & Pedicures**

Spa Manicure (50min) Spa Pedicure (50min) R275 R350 Spa Paraffin Manicure (80min) Spa Paraffin Pedicure (80min) R350 Venetian Hands & Feet (50min) R350

#### **Fabulous Gel/Acrylic Nails**

R220 Overlays - Hands or Toes (50min) Extensions - French or colour (80min) R320

#### **Specialised Treatments**

Cellulite Reversal Treatment (50min) Non-surgical Face Lift (50min) R750 Swiss Body Wrap (50min)

\*Waxing, Tinting & Kiddies Menu Available











### **EVERY WEDNESDAY**

MAGALIES PARK

Golf Bookings: Pro-Shop 012-207 9102

MEAT, CHICKEN & VEGETABLE PRIZES TO BE WON!

Kallie is sponsored by Golfers Club

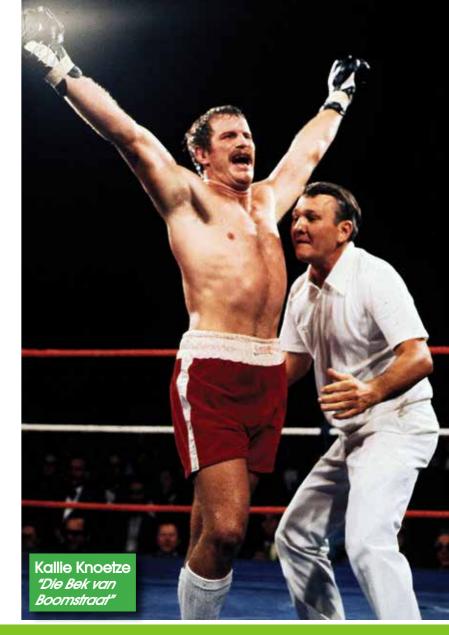


Kallie Knoetze started up his farmstall "Die Bek", in 1981 after his retirement from the professional boxing ring. Initially a roadside convenience store for the local population, this small venture has grown into a reliable service making deliveries to a variety of customers.

Fresh produce is sourced from the Tshwane Market and the business has come a long way since the early days of delivering to customers with a pickup truck and a supermarket trolley. "Die Bek" is renowned not only for the fresh vegetables and fruit but also for the tasty chilli bites, biltong and "droë wors" on sale.

Kallie and his wife, Elize, have been married for 41 years. They have two sons and four grand children. "Die Bek se Padstal" is on the R513 road between Pretoria North and Brits; Off-ramp 102, De Wildt.

Geoff van Heerden, reporter for Pretoria News at the time, named Kallie "Die Bek van Boomstraat". Their Gym was then in Boom Street, Pretoria.





## BURGERS

**SERVED WITH CHIPS** 

| BACON & BANANA BURGER           | R74        |
|---------------------------------|------------|
| BACON & CHEESE BURGER           | R77        |
| BEEF BURGER                     | R64        |
| BLUE CHEESE BURGER              | R99        |
| CHEESE BURGER - BEST SELLER -   | R69        |
| CHEESE & EGG BURGER             | R76        |
| CHICKEN BURGER                  | R64        |
| CHICKEN & CHEESE BURGER         | R69        |
| HAWAIIAN BURGER                 | R69        |
| JALAPEÑO, BACON & CHEESE BURGER | R96        |
| MUSHROOM BURGER                 | R75        |
| EXTRA BEEF PATTY                | <b>R29</b> |
| EXTRA CHICKEN BREAST            | <b>R29</b> |
| EXTRA EGG                       | R 7        |
| EXTRA CHEESE SLICE              | R 5        |



# PUB LUNCHES

#### **REGULARS**

| CHIPS LARGE   | R30        |
|---|------------|
| CHIPS SMALL   | <b>R23</b> |
| CHILLI CHIPS LARGE - POPULAR - drizzled in chillies, garlic and olive oil   | R37        |
| CHILLI CHIPS SMALL drizzled in chillies, garlic and olive oil   | R30        |
| CHEESE GRILLER & CHIPS  | <b>R55</b> |
| CHEESE GRILLER HOTDOG & CHIPS   | R60        |
| CRÊPE A LA FLORENTINA filled with creamed spinach and feta  | R70        |
| CRUMBED CHICKEN STRIPS & CHIPS served with a creamy cheese sauce  | R65        |
| FISH & CHIPS  | R85        |
| FRANK & CHIPS boiled or deep fried  | R55        |
| FRANK HOTDOG & CHIPS  | R60        |
| GOLFERS STEAK ROLL  | R69        |
| <b>PESCADA ATHUR</b> - <b>NEW</b> - grilled hake cubes served with potato wedges, tomato, cucumber and topped with Athur's finest sweet lemon sauce | R89        |
| PREGO ROLL BEEF - POPULAR -   | R70        |
| PREGO ROLL CHICKEN  | R70        |
| RUSSIAN & CHIPS   | <b>R55</b> |
| RUSSIAN HOTDOG & CHIPS  | R60        |
| STEAK, EGG & CHIPS - BEST SELLER -  | R79        |
| TRIO JALAPEÑO POPPERS   | R60        |
| <b>TRINCHADO</b> - POPULAR - cubed rump served in our homemade trinchado sauce the "porra" wa   | <b>R80</b> |

#### **SNACK PLATTER** FOR TWO R175 / FOR FOUR R320

CRUMBED PRAWNS, CHILLI CHEESE NUGGETS, FISH BITES, MEATBALLS, RUSSIAN FLOWERS, SWEET CHILLI SAUCE **AND CHIPS** 

#### TOASTED SANDWICHES POTATO SPUDS

| BACON                | R35 | SPUD TOPPED WITH CHEDDAR |     |
|----------------------|-----|--------------------------|-----|
| BACON & CHEESE       | R40 | CHEESE                   | R44 |
| BACON & EGG          | R42 |                          |     |
| BACON, EGG & CHEESE  | R47 |                          |     |
| CHEESE               | R32 | POTATO SPUDS FILLI       | NGS |
| CHEESE & EGG         | R39 | AVO FILLING              | R15 |
| CHEESE & HAM         | R39 | BACON FILLING            | R15 |
| CHEESE & TOMATO      | R35 | CREAM SPINACH FILLING    | R15 |
| CHICKEN & MAYO       | R44 | FETA FILLING             | R15 |
| EGG                  | R34 | MINCE FILLING            | R15 |
| HAM & TOMATO         | R39 | MOZZARELLA FILLING       | R15 |
| HAM, CHEESE & TOMATO | R44 |                          |     |
| MINCE & CHEESE       | R44 |                          |     |





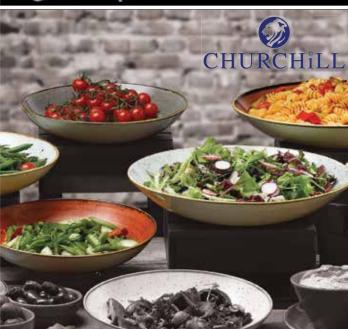


## CATER Warehouse

609 Steve Biko Street, Capital Park, Tshwane, 0084 Tel: +27 (12) 329 4800 Email: sales@caterwarehouse.co.za



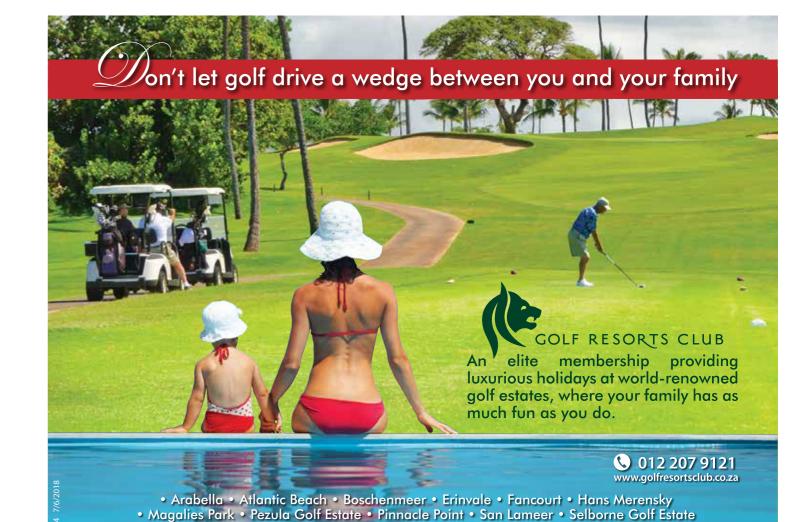








Wholesale to the public - 7.5% discount for walk-in customers



• The Clarens • Zimbali





**R59 BAR-ONE PANCAKE** bar-one chocolate wrapped in a pancake, drizzled with a toffee sauce, served with ice-cream **CINNAMON PANCAKES R40** two cinnamon and sugar pancakes, served with ice-cream **DECADENT CHOCOLATE MOUSSE R56** rich belgian chocolate mousse served in a sugar cone dipped in chocolate sauce **DRUNKEN CHERRIES R62** warm black cherries smothered in brandy sauce served over vanilla ice cream FRUIT SALAD **R54** served with ice cream or cream GELATI **R46** ice cream and chocolate sauce

WAFFLE R46 served with syrup, cream or ice cream

WAFFLE BAR-ONE
waffle topped with a bar-one chocolate and served with syrup,
cream or ice cream

WAFFLE BANANA
waffle topped with banana and served with syrup, cream or ice cream

WAFFLE NUTELLA & OREO
waffle topped with nutella, strawberries and oreo pieces with syrup, cream or

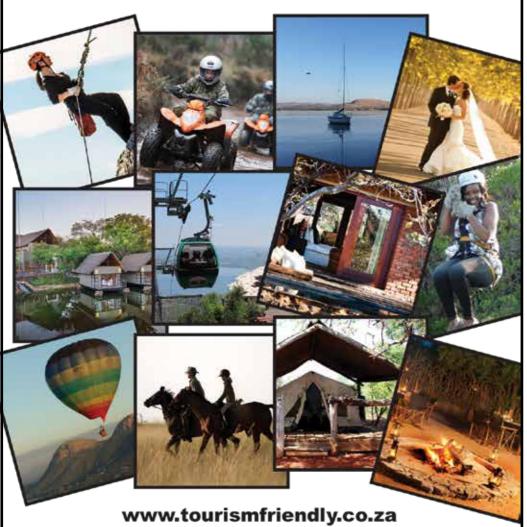
WAFFLE STRAWBERRY
waffle topped with strawberries and served with syrup, cream or ice cream.

ice cream



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# DRY WHITE THE STATE OF THE STA



#### **HOUSE WINES**

**BOTTLE R95 / 250ML R 35** 

#### **ROBERTSON WINERY CHAPEL DRY WHITE**

This pleasant everyday glassful would make any occasion a joyful one. A youthful fragrantly refreshing Chenin Blanc/Colombard dry blend, with tropical fruit salad flavours that linger to a crisp clean finish.

#### BLANC DE BLANC

#### **BOSCHENDAL BOSHEN BLANC**

R139

This pale straw-coloured wine was produced specifically to accompany food. Greeting you with big tropical fruit and citrus aromas. Hovering hints of honey take you to a vibrant citrus, lemon-drop zest and finishing with balanced elegance. It will complement salad and seafood. This zesty, crisp white wine is one the stalwarts of Boschendal and a local favourite.

#### **CHARDONNAY**

FAT BASTARD R195

On the palate, this wine has a full body with an eruption of tropical fruit flavours that develop into a long, toasty finish. Pairs perfectly with friends, family and flavourful seafood dishes.

#### **CHARDONNAY PINOT NOIR**

#### **SPIER SIGNATURE**

R139

A light salmon-pink wine with aromas of strawberries and yellow apple, with a crisp fruit finish. Perfect for brunch or lazy summer afternoons.

#### **CHENIN BLANC**

#### BON COURAGE LIKE FATHER LIKE SON

R 95

The Chenin Blanc complements the fruitiness and the natural high acidity of the Colombard. Intricated nose of tropical fruit, guavas, peaches and a hint of gooseberries, which lingers on the palate. Perfect partner to food, especially fish and white meat dishes. Goes well with seafood, pastas and salads. Excellent as an aperitif on a summer day.

#### SAUVIGNON BLANC

DURBANVILLE HILLS R139

Finely-layered aromas of guava, gooseberry, green fig and lime perform in beautiful unison on the nose and palate, giving way to a pronounced overtone of green pepper adding further depth and complexity.

PORCUPINE RIDGE R125

Gooseberry and tropical fruit flavours dominate with a moderate mid-palate weight. Firm fresh acidity and a bone-dry finish.

#### WHITE BLENDS

GRAÇA WHITE

Winemaker Deon Boshoff describes it as lively-coloured with flashes of green, a touch of asparagus on the nose and crisp, lemony, off dry flavours. Its petillance gives it a palatetingling lift.

#### **DROSDY-HOF EXTRA LIGHT**

R 99

R 99

A light, dry white wine, made from 100% Chenin Blanc grapes, this is an easy drinking, low alcohol option for the health conscious and those watching their kilojoule intake. It is 25% lower in alcohol than most other white table wines.



# SWEET TO THE

**HOUSE WINES** 

**BOTTLE R95 / 250ML R 35** 

#### ROBERTSON WINERY CHAPEL SEMI SWEET WHITE

A refreshing semi-sweet wine, with tropical fruit flavours for everyday enjoyment.

#### **SWEET WHITE**

#### **DE KRANS MOSCATO PERLE**

R124

Beautiful light-yellow colour with fine, fizzy bubbles. Fresh tropical fruit flavours of litchi and apricot, enhanced by a hint of muscat. Alluring freshness of tropical fruit, muscat and honey, with a fresh taste of fruit and exotic spice. Great on its own or served with fresh summer salads or light meals. It also makes an interesting pairing with a mild curry.

#### **SEMI SWEET WHITE**

#### **ROBERTSON WINERY BEAUKETT**

R 99

Gentle muscat-scented, aromatic semi-sweet white wine with a smooth, subtle spicy palate. Generous and succulent, but nicely freshened by gentle acid with a fresh and clean finish.

#### SEMI SWEET BLEND WHITE

#### **ALTYDGEDACHT MUSKARADE**

R149

Elegant and aromatic semi-sweet blend of Muscat d'Alexandrie, Gewurztraminer and Riesling.



## ROSÉ MILITE

#### WHAT IS ROSÉ WINE REALLY?

Rosé happens when the skins of red grapes touch wine for only a short time. Where some red wines ferment for weeks at a time on red grape skins, rosé wines are stained red for just a few hours. The winemaker has complete control over the colour of the wine and removes the red grape skins (the source of the red pigment) when the wine reaches the perfect colour. As you can imagine, nearly any red wine grape (from Cabernet Sauvignon to Syrah) can be used to make rosé wine, however there are several common styles and grapes that are preferred.

HOUSE WINES BOTTLE R95 / 250ML R 35

**ROBERTSON WINERY CHAPEL NATURAL SWEET**A refreshing sweet rosé, packed with delicious berry flavours.

#### DRY ROSÉ

#### FLAGSTONE POETRY CINSAULT ROSÉ

R115

SCHEND

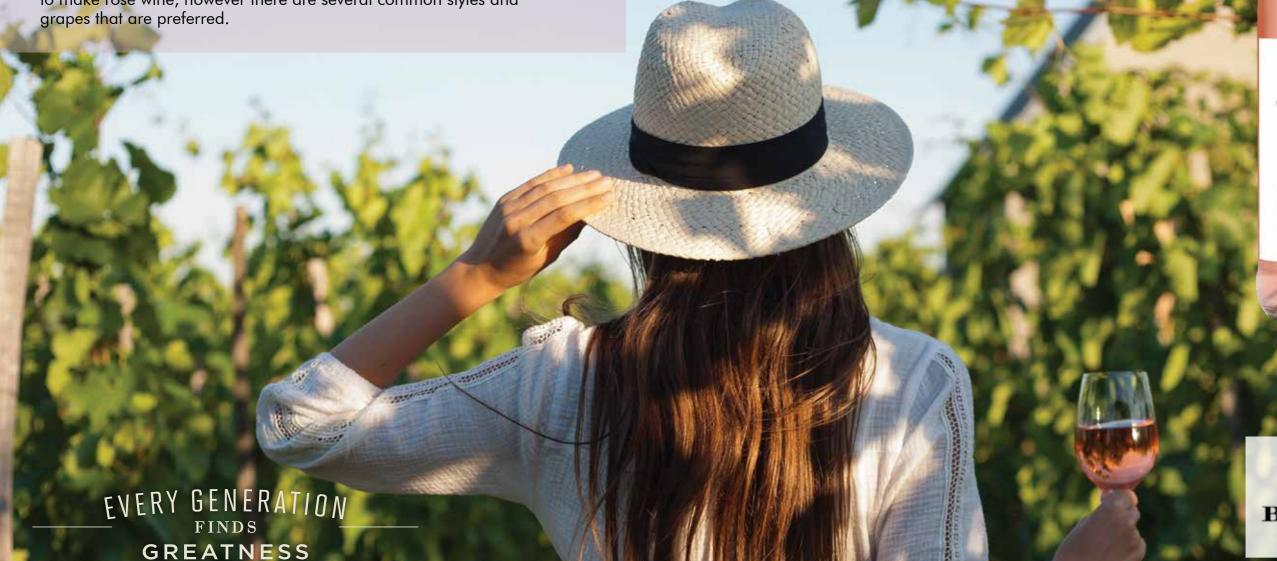
Upfront crushed summer berries, black and red cherries, supported by subtle spicy tones. Expressive juicy berry flavours follow through on the palate with a soft, delicious fruity finish. Bright salmon-pink colour. The perfect summer wine for sipping almost everywhere.

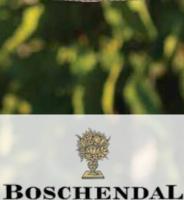
#### CLASSIC BLEND ROSÉ

#### BOSCHENDAL THE ROSE GARDEN ROSÉ R

R138

Soft and juicy, bouncing with succulent ripe strawberries, raspberries and mulberries tinged with a hint of spice. Finishes with great balance, freshness and fruity intensity.





Founded 1685

BOSCHENDA



#### **HOUSE WINES**

**BOTTLE R99 / 250ML R 39** 

#### **ROBERTSON WINERY CHAPEL DRY RED**

A fruity and soft, dry red with smooth round berry flavours and a herbaceous, brambly character.

#### CABERNET SAUVIGNON

#### **SPIER SIGNATURE CABERNET SAUVIGNON**

R153

Ripe fruit, cherries and oak spice that follow through from nose to palate.

#### **MERLOT**

#### DURBANVILLE HILLS MERLOT R159

A medium-bodied wine with hints of juicy and sweet red fruit, rounded off with silky tannins and a full mouthfeel.

#### PORCUPINE MERLOT R149

Rich flavours of red berries and ripe plum. Medium-body palate with balanced tannins and judicious oak aromas. Lingering flavours with a mouthwatering finish.



#### **PINOTAGE**

#### SPIER SIGNATURE PINOTAGE

This classic South African Pinotage has generous red berry fruit and soft tannins.

"In wine there is truth." - Pliny the Elder

#### **RED BLENDS**

#### **BOSCHENDAL LANOY**

R147

**R329** 

An impressive burst of rich red and black fruit from cassis to mulberry, with soft well-rounded tannins and a discreet hint of mint. A great wine with perfectly grilled steaks.

#### HERMANUSPIETERFONTEIN KLEINBOET

Cabernet Sauvignon, Cabernet Franc, Merlot, Malbec

and Petit Verdot are all blended together and aged for twenty four months in 6000 liter French foudre. Although quite the lad he's not too big for his boots...

#### **RUPERT & ROTHSCHILD CLASSIQUE**

R469

Inviting cranberry and raspberry aromas with an earthy, mineral focus and a lingering cinnamon and walnut finish.

## The state of the s

#### THE WOLFTRAP RED

R129

The nose entices with its abundance of ripe plums, blueberries, slight spiciness and notes of violets. The wine shows exceptional balance with fresh, integrated acidity.

#### **SHIRAZ**

#### **SPIER SIGNATURE SHIRAZ**

R156

Inviting aromas of ripe plum, caramel and hints of spice on the nose. The aromas follow through to a sweet and creamy palate with soft tannins.



#### RAISE A GLASS RAISE A

#### VALDO SPECIAL EDITION **ROSÉ BRUT FLORAL EDITION** R395

Fine and elegant blossom, with a consistent presence of berries, cherries and strawberries. Unique as an aperitif, excellent when matched to fish, seafood or delicate dishes. The floral edition is dedicated to the life lovers of the world. When spring is in the air, Valdo Floral Rosé blossoms.





## BUBBIRS HAVE A SPARKLING DAY!

#### JC LE ROUX

LE DOMAINE R148 LA CHANSON R148 LA FLEURETTE NON-ALCOHOLIC R 99

#### **PONGRÁCZ**

#### PONGRÁCZ ROSÉ NV

**R289** 

**R289** 

This Cap Classique Rosé delights the mind as much as the eye and evokes an air of romance with its delicate salmon-pink hue. This is a timeless Cap Classique with great elegance and complexity. Delicate yeasty tones, layered with toast and ripe fruit are enlivened by a firm mousse and persistent bead that make it particularly attractive. It imparts a wonderful foamy mouthful of blackberry fruit flavours with a lingering Brut aftertaste.

#### **PONGRÁCZ BRUT NV**

An elegant and distinctive Méthode Cap Classique, Pongrácz is inspired by a nobleman and refugee from the Hungarian uprising, Desiderius Pongrácz, whose sheer genius and vision revitalised viticulture in the Cape. Composed in the classic French tradition of two noble varieties, Pinot Noir and Chardonnay, this magnificent Cap Classique evokes an air of style and sophistication, a tribute to the genius to whom we owe its name.

#### PONGRÁCZ NOBLE NECTAR **DEMI SEC R325**

The new bold Noble Nectar bottle is the start of a premium experience. The beautiful purple-hued bottle changes colour when viewed under UV lighting. Pongracz Noble Nectar is a bold choice that stands out from the crowd.





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#### I found the real deal in Vaczone



Jocelyn Cunningham - Umhlanga

"You won't believe the incredible *Overseas Holiday* I just went on through my Vaczone membership which saved me thousands thanks to their amazing discounts. I got to visit friends in Florida, see Disney World for the first time with my kids and my boyfriend even played his first ever round of golf which he loved!

Shopping isn't really my thing, especially when it comes to other people's *Birthday Presents* but with Vaczone's amazing online store, I've browsed through thousands of the best gifts and what's more, they're all at ridiculous rates.

Getting to enjoy amazing **Spa Deals** is one of my favourite parts of being a Vaczone member. I've had a few girly getaways with my mates in the Drakensberg and on the Cape West Coast at Club Mykonos. My friends are always asking how to join!

Horse riding in the mountains





Eating out is probably my favourite entertainment! I just love catching up with friends over a few glasses of wine at some of South Africa's best restaurants. Well, things just got even better for me since I discovered Vaczone's *Dining Deals* like Crave 2-4-1 Dining. My meal is always discounted, even at some of the best restaurants. I simply love it.

The only thing I still have to do with my Vaczone membership is go on a Cruise! I've been browsing their website and am dying to go to Alaska next year – Vaczone has been my best discovery in ages!

- I've **saved** 3,250 VBux
- I've **redeemed** 1,980 VBux to help pay for my purchases."



012 207 9121 0860 222 375

#### Delicious Double Creamy Country Fresh

Double Creamy Country Fresh is perfect for making double delicious desserts that no one will be able to resist.

But the proof is in the pudding...

At Dairymaid, we are passionate about the quality of our ice cream. For more than 35 years, Dairymaid has been dedicated to perfecting every spoonful of Country Fresh to bring you a smoother, creamier taste for every occasion.

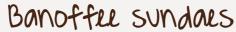
Our experts know that the smaller the ice crystals in the ice cream, the smoother and creamier the texture. So with great care and expertise, we've worked to halve the size of the ice crystals in Country Fresh, so every spoonful is double smooth.

Because double the smoothness means double the smiles.

Country Fresh is available in 10 delicious flavours. For more information about this product, or any of our Dairymaid products, visit our website: dairymaid.co.za.



YUMMU



with bananas, roasted pecan nuts & caramel



6 store-bought chocolate-chip cookies

- 1 can Nestlé Caramel Treat
- 6 bananas, sliced
- 100g pecan nuts, roasted and chopped
- 1 liter Dairymaid Vanilla Flavoured Ice Cream with Bar One sauce 1 tbsp Chocolate curls

#### METHOD:

Break up the cookies, and place them at the bottom of each glass.

Top with 2 tbsp of caramel per glass.

Add sliced banana and sprinkle with pecan nuts.

Scoop balls of Country Fresh ice cream and place on top of the banana and pecan nuts, making sure to get some of the Bar One sauce.

Garnish with chocolate curls. Serve immediately.

SERVES 6





## COCKTAILS

| BLOODY MARY R57   |
|---|
| vodka, tomato cocktail, lemon juice, tabasco sauce, worcestershire sauce, salt, pepper,<br>norse radish |
| BLUE LAGOON R57   |
| vodka, blue curaçao, lemonade, lemon wedges   |
| CAIPIRINHA GLASS R43 / ONE LITRE R112   |
| white rum, cane sugar syrup, lime wedges  |
| COSMOPOLITAN R57  |
| vodka, triple sec, lime juice, cranberry juice  |
| GINGER SQUARE R57   |
| ginger brandy, ginger ale   |
| LONG ISLAND ICE TEA  R60  |
| white rum, vodka, gin, tequila, bacardi, triple sec, cane sugar syrup, lemon juice, coke                |
| MARGARITA TRADITIONAL GLASS R43 / ONE LITRE R112 equila, triple sec, lime juice, cane sugar syrup       |
| MOSCOW MULE R58   |
| vodka, ginger beer, lemonade, lime wedges, bitters  |
| MOJITO R58  |
| white rum, cane sugar syrup, lime cubes, fresh mint, soda water   |
| PIÑA COLADA R57   |
| white rum, coconut, cream, pineapple syrup, lemon juice   |
| SANGRIA RED ONE LITRE R112  |
| dry red wine, triple sec, berry ice tea, strawberries, fresh mint, lemon, soda water                    |
| SANGRIA WHITE ONE LITRE R112  |
| dry white wine, elderflower syrup, strawberries, blueberries, apple, soda water                         |
| SEX ON THE BEACH R57  |
| odka, peach schnapps, orange juice, grenadine syrup   |
| STRAWBERRY DAIQUIRI white rum, lime juice, strawberry syrup, strawberry coulis                          |
| TEQUILA SUNRISE R57   |
| equila, grenadine syrup, orange juice   |



**R45 PIÑA COLADA MOCKTAIL** 

**R45** 

triple sec, lime juice, cranberry juice coconut, cream, pineapple syrup, lemon juice **MOJITO MOCKTAIL R45 STRAWBERRY DAIQUIRI MOCKTAIL R45** cane sugar syrup, lime cubes, fresh mint, soda water lime juice, strawberry syrup, strawberry coulis **MOSCOW MULE MOCKTAIL R45 TOOTHLESS SHARK MOCKTAIL R45** grenadine syrup, orange juice ginger beer, lemonade, lime wedges

**COSMOPOLITAN MOCKTAIL** 

## CRUSCHERS

**APPLE MINT CRUSHER** GRANADILLA CRUSHER

**R45** 

MIXED BERRY CRUSHER **STRAWBERRY CRUSHER R45** 



| CHERRY & VANILLA G&T    | R45 |
|-------------------------|-----|
| CUCUMBER & ROSEMARY G&T | R45 |
| FITCH & LEEDES PINK G&T | R42 |
| GRAPEFRUIT & MINT G&T   | R45 |
| CRAFT GIN ON TAP        |     |
| CHILLI & APRICOT G&T    | R48 |
| VIOLET G&T              | R48 |

When life hands you LEMONS, find someone who has GIN



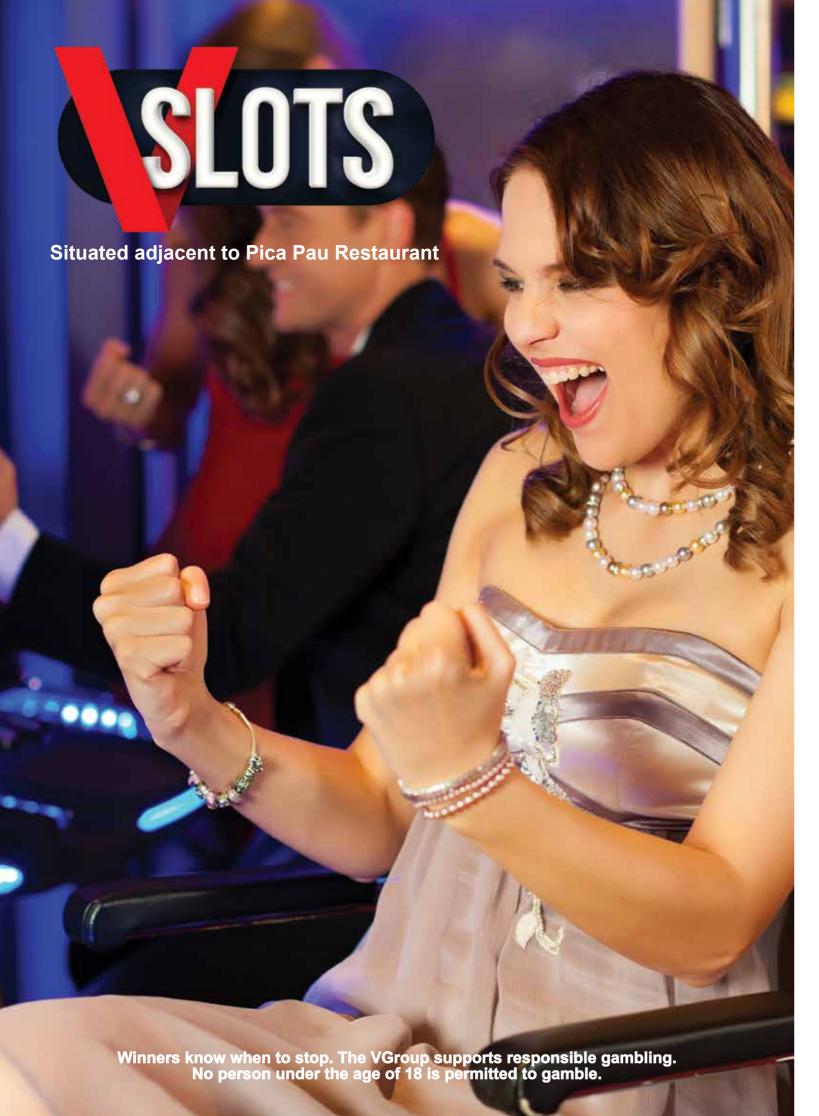
#### **G&T ON TAP** HANDCRAFTED AND INFUSED

Our handcrafted gin is crafted in small volumes which is copper distilled and barrel aged. 13 different botanicals are sourced from around the world of which many are used in African medicinal herbs. The gin is distilled over 4 days and then left for a further 4 weeks or more for maturity and body, before being infused and flavoured to our unique recipes.

> Derek Crookes derek@crookesbeverages.com



Enjoy Responsibly. Not for Sale to Persons Under the Age of 18.





\*\*\*



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Our different venues include the Conference Centre, Old Cape Vulture, River Lapa, Golfers Room and Cherry Room.



The more tranquil a man becomes, the greater is his success, his influence, his power for good. Calmness of mind is one of the beautiful jewels of wisdom."

-James Allen





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#### **Standard features include:**

- \* 7 luxurious double suites with en-suite bathrooms
- \* Bed and breakfast facility.
- \* Private coffee making facilities
- \* Flat screen colour television and satellite transmission channels
- \* Remote controlled air-conditioning or ceiling fans

- \* Wi-Fi facilities
- \* Safe
- \* Hairdryer
- \* A sparkling pool is reserved for the exclusive use of Migdash house guests.
- \* 24 Hour security





## **COMING SOON!**