







Aboutus

Welcome!

First Group is dedicated to providing our guests with an exceptional culinary experience! Enjoy a hearty meal with family and friends, surrounded by our attentive staff, at some of the most breathtaking locations in South Africa.

Our restaurants pride themselves on home-style, excellent valuefor-money meals – offering bites to suit all tastes and all ages. We are committed to sourcing the best local ingredients to ensure every meal is truly delicious.

Feast on our breakfast, lunch and dinner options, all made with the freshest ingredients, to treat the taste buds.

As Mark Twain said: 'Part of the secret of success in life, is to eat what you like'...

Bon Appétit!



Breakfast

EGGS PREPARED & COOKED TO YOUR LIKING: SCRAMBLED, FRIED OR POACHED

#### English Breakfast

Two eggs, cooked to your liking, served with grilled tomato, two slices of back bacon & toast (White, brown or health)

Add:	
Pork Sausage / Lamb Sausage / Beef Sausage / Chicken Livers	R 20ea
Two Rashers of Bacon	R 20
Baked Beans / Fries	R 12ea
Extra Egg	R 6

R 42

R 60

R 70

R 45

R 30

### **Eggs Benedict**

Two freshly made English muffins, layered with bacon & two perfectly poached eggs, smothered in homemade Hollandaise sauce

### Omelette

Tasty two-egg omelette with three fillings of your choice, sautéed, perfectly seasoned & topped with cheddar: Mushrooms, Rainbow Peppers, Crispy Bacon, Ham, Pan-Roasted Tomatoes, Onion or Chilli

#### Low-Cal Breakfast

Auesli served with seasonal fruit, plain yoghurt	
c a choice of honey or passion fruit coulis	

### Warm Spiced Oats

Oats simmered in milk, finished with butter & topped with ground cinnamon & honey



light funches

### SALADS

ALL SALADS ARE SERVED WITH OUR HOMEMADE DRESSING

#### Caesar Salad

Fresh garden & parmesan s	0	ith crouto	ns, ancho	ovies, boile	d egg	R 65	
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#### Traditional Greek Salad

A crunchy combination of lettuce, cherry tomatoes,	
cucumber, red onion, red peppers, black olives & feta	R 50

#### Honey Mustard Chicken Salad Grilled honey mustard-marinated chicken on garden greens

Grilled honey mustard-marinated chicken on garden greens with cherry tomatoes & spring onion R 75

### BASKETS

Chicken Strip Basket Served with BBQ & sweet chilli sauce	R 45
Fish Basket Battered hake strips served with a tartar sauce	R 55
Nachos Grande Traditional corn chips topped with sautéed beef mince, tomato, corn, jalapeños, guacamole & sour cream	R 95

R 25

### Plate of Chips













# PIZZA

<b>Qwantani Special</b> Beef mince with green peppers, chilli, peppadews, gherkins, cheddar, mozzarella & parmesan	R	110
Margherita Topped with fresh tomato, basil & mozzarella	R	60
Regina Classic combination of mushrooms & ham	R	80
Hawaiian Topped with ham & grilled pineapple	R	70
<b>Spicy Chicken</b> A tasty mix of mushrooms, green peppers & black olives	R	90
<b>Vegetarian</b> Topped with fresh tomato, green peppers, mushroom & mozzarella	R	70
EXTRAS: Mushrooms / Tomato / Mozzarella / Chilli / Olives, Green Pepper / Feta / Avo (in season) / Bacon	R	16ea

### PASTA

LasagneTasty beef, chicken or vegetable lasagne servedwith a side saladR 105

### Chicken Alfredo

Grilled chicken fillets & mushrooms, in a creamy sauce with a hint of garlic, topped with parmesan

R 75

# TOASTIES

### SERVED WITH CHIPS OR A SIDE SALAD, WITH A CHOICE OF BREAD (WHITE, BROWN OR HEALTH)

#### Qwantani Club Sandwich

Egg & bacon with tomato, chicken mayonnaise, jalapeño & cheddar	R 80
Cheese & Tomato	R 55
Chicken Mayonnaise	R 50

## **BURGERS**

ALL BURGERS ARE SERVED ON A FRESH BUN, WITH A CHOICE OF CHIPS OR SIDE SALAD

### Qwantani Burger

Choice of homemade 200g ground beef patty or tender chicken breast, with bacon, egg, mozzarella, gherkins & onion rings	R 105
Classic Cheese Burger Choice of 200g homemade ground beef patty or tender chicken breast, with cheddar, lettuce, tomato, gherkins & cheesy mushroom sauce	R 95
<b>Vegetarian Burger</b> Spicy grilled aubergine, garden greens, tomato, mushrooms, feta, mustard mayonnaise & caramelised onions	R 75
<b>Prego Roll</b> Specially prepared Portuguese-style steak strips tossed in our homemade Prego sauce, & served on a Portuguese roll	R 85
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Dinner

### **STARTERS**

<b>Soup of the Day</b> Ask your waitron about the soup of the day	R	45
<b>Chicken Livers</b> Your choice of Peri-Peri or lemon & herb chicken livers served with a Portuguese roll	R	45
<b>Deep-Fried Camembert</b> Crispy, crumbed Camembert served with Melba toast & homemade sweet chilli jam or cranberry sauce	R	85









## MAINS

SERVED WITH CHIPS, SAVOURY RICE, VEGETABLES OR SIDE SALAD

#### Hake (grilled or battered)

Hake fillet prepared to your liking with either a tartar or lemon butter sauce	R	95
Slow-Braised Lamb Shank Accompanied by roasted Mediterranean vegetables, mustard mash & a red wine jus	RJ	185
Sticky Pork Ribs (400g) Tender pork ribs basted in a homemade sticky BBQ sauce	R 1	120
Steak Au Poivre (250g) Grilled Filet Mignon, coated in coarsely cracked black pepper, topped with your choice of cheese or mushroom sauce	R J	165
Rump Steak Flame-grilled grain-fed beef rump steak, aged onsite for 21 days, served with chips or a side salad & a sauce of your choice		
300g 600g		L50 225

### Portuguese Flame-Grilled Half Chicken

Flame-grilled Portuguese-style half chicken, basted in		
your choice of Peri-Peri, lemon & herb or BBQ sauce	R	125
Chicken Schnitzel		
Crumbed chicken fillets topped with your choice of		
cheese or mushroom sauce	R	85



# SAUCES

Creamy Mushroom	R 20
Garlic Butter	R 20
Portuguese Peri-Peri	R 20
Rich Homemade BBQ	R 20
Creamy Cheese	R 20

# DESSERTS

Cake of the Day (ask your waitron)	R 45
Ice Cream & Chocolate Sauce	R 35
Chocolate Brownies & Vanilla Ice Cream	R 40
Hot Pudding of the Day (ask your waitron) Served with custard	R 40
Crème Brûlée Served with homemade shortbread finger	R 40





Kiddies

Kiddies Burger Your choice of beef patty (100g) or chicken breast in a bun with melted cheese, & served with chips	R 45
TOASTIES Served with chips or side salad	
Cheese & Tomato Chicken Mayonnaise	R 50 R 40
Hot Dog Smoked Vienna on a hot dog bun served with chips	R 35
Chicken Strips Served with chips or a side salad	R 40
Margherita Pizza Classic combination of tomato & mozzarella	R 40
Hawaiian Pizza Tasty ham & grilled pineapple with mozzarella	R 50
Lasagne Served with a side salad	R 40
Fish Fingers Four yummy fish fingers served with chips	R 35
Ice Cream & Chocolate Sauce	R 25
Plain Waffle Served with cream or ice cream, & golden syrup	R 45
Jelly & Custard	R 20