fruit & salads

y o g u r t p a r f a i t tonka bean panna cotta, pineapple, almonds, house granola 8

a ç a í b o w l chia seeds, coconut, bee pollen, strawberry, banana, manuka 10

y o u n g l e t t u c e s red endive, blue cheese, pecans, red onion, quince vinaigrette 10

k a l e s a l a d shrimp, farro, butternut squash, radish, lemon miso dressing 19

eggs

t w o f a r m e g g s * roasted fingerling potatoes, choice of breakfast meat 14

bravas potato hash* sunny-side egg, smoked chicken, tomato, onion, arugula 16

c r a b b e n e d i c t * blue crab, canadian bacon, english muffin, hollandaise 18

e g g w h i t e o m e l e t field mushrooms, goat cheese, spinach, farm greens 15

herons featured omelet roasted potatoes, seasonal ingredients, local cheese 15

shareables

fresh fruit plate truffle potato tots deviled eggs 9

sweet breads

warm doughnuts skillet cornbread

specialties

h o t s m o k e d s a l m o n arugula, cream cheese yogurt, everything bagel seasoning 16

s u p e r o a t s goji berries, raw almonds, cocoa nibs, blueberries, cinnamon 12

old-fashioned pancakes traditional, blueberry, chocolate chip, banana, maple syrup 12

brioche french toast seasonal marmalade, toasted almond crumb, vanilla cream 12

chicken & waffle, prosciutto, pear syrup 17

shrimp & grits* tasso ham, cheddar, cremini, crispy egg, mushroom jus 19

the truffle burger* fried egg, bacon, truffle cheese, aioli, bibb, herb fries 18

s t e a k & e g g s *
petite filet, two farm eggs, herb fries, steak sauce
22

breakfast meats

turkey bacon pork sausage smoked bacon chicken-apple sausage north carolina country ham 6

sides

fresh fruit roasted potatoes buttermilk biscuits buttered local grits 5

^{*}May be cooked to order. May be served raw or undercooked or contain raw or undercooked ingredients.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.