

FULL BUFFET BREAKFAST MENU

croft

[restaurant]

The full buffet breakfast, hosted in Croft Restaurant level one, is divided into 10 sections, catering for many different dietary requirements.

SECTION 1

LOCAL FRESHLY BAKED BREAD, HOMEMADE PASTRIES AND SOURDOUGH BREAD

- Wholemeal bread
- Sultana bread Loaf
- White bread
- Soy linseed
- Assorted sourdough breads
- Assorted danishes
- Croissants
- Chocolate croissant
- Spiral filo feta
- Muffins (blue berries, chocolate, apple & cinnamon)
- Banana bread
- Waffles
- Muesli bar
- Marmalade's
- Butter
- Vegemite
- Margarine
- Honey
- Nutella
- Peanut butter

SECTION 2

A HEALTHY RECOVERY

- 6 different varieties of cereal
- Fruit salad
- Almonds
- Sultana
- Goji berries
- Chia seeds
- Walnuts
- Cranberry
- Pecans nut
- Pumpkin seeds
- Assorted homemade fruit yogurts
- Plain yogurt
- Bircher muesli
- Light cream cheese
- Skim, full cream, soy & almond Milk

DELI STATION

- Virginia ham
- Danish salami
- Pastrami
- Australian cheese platter with crackers

SECTION 3

A VARIETY OF AUSTRALIAN JUICES

- Orange juice
- Apple juice
- Pineapple juice
- Lemon, lime and fresh mint water
- Juice of the day

SECTION 4

FRESH SEASONAL EXOTIC FRUITS AND COMPOTES

- 2 seasonal fruit compote (peach, pears)
- 3 poached seasonal fruit (figs, apricot, prunes)
- Watermelon
- Rockmelon
- Honeydew
- Vanilla green or black grapes
- Passion fruit
- Kiwi fruit
- Mixed berry compote
- Fresh seasonal fruit (apple, orange, pears, mandarin & plums)

SECTION 5

HOT BUFFET SELECTION

- Fluffy scrambled egg
- Chicken and seeded mustard sausages
- Apple and pork chipolatas
- Sautéed mushroom with cardamom
- Herb tomato
- Grilled English bacon
- Pancakes with ricotta
- Rose raisin compote
- Spanish frittata
- Baked bean
- Hash browns
- Two daily specials

CONDIMENTS

- Tomato sauce
- Dijonnaise
- Sweet chilli sauce
- Mint sauce
- Brown sauce
- Chilli sauce
- BBQ sauce

SECTION 6

GLUTEN FREE STATION

- Gluten free bread
- Gluten free muesli and condiments
- Soy and almond milk

SECTION 7

LIVE COOKING STATION

- Omelette station with condiments
- Poached egg
- Fried egg

SECTION 8

PORRIDGE

- Cinnamon sugar
- Drunken sultanas
- Diced caramelised apple
- Honey

SECTION 9

MISO STATION

- Spring onion
- Nori sheets
- Tofu
- Fish flakes
- Diced chilli
- Japanese pickle
- Fish sauce
- Sesame oil

SECTION 10

HOT BEVERAGES

- Coffee station
- Hot chocolate
- Teas